START POINT Cornish Earth is about a journey towards Healthy Soil, Healthy Eco-systems, Healthy People and Community Resilience Producers name: Establishment:

Date:	The Journey's Start Point	Plan –with date (to begin change)
Grow FBI Limited soil disturbance min till/no till no till seed drill, roller –crimper,		
Grow FBI Reducing use of chemicals, fertilizer, pesticide, fungicide and herbicideaiming for zero	Fertilizer Pesticide Fungicide Herbicide	
Grow FBI Microbial additions		
Grow Organic matter Adding organic matter		
Protection No fallow soil/Armour soil surface –cover crops or plant residue Aiming for living root at all times		
<b>Diversity</b> Diverse leaf and root systemCompanion planting/under planting/polycrops		

Diversity of stock	
Integrating Stock and Arable	
Stock choice	
Mob grazing, companion grazing	
Out-wintering	
Feed: Move towards own grown crops for livestock, hedge food, dotted trees, fodder	
banks sustainable feed,	
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Reducing use of medicines	
Diversity of pasture plants	
Holistic methods of influencing water	
cycle	

Record keeping of rainfall to assess changes/patterns to plan for future.	
Increase of bio-diversity on land Buffer zones for beneficial insects Ponds Increase hedge width Rewilding	
Increase trees, particularly food trees, where they don't hamper growing/ grassland. Consider agro-forestry, alley cropping, fruit and nut orchard	
Other perennial biomass	
Sharing with local community in some manner- information, events, box schemes, CSA	
Diversity of income source for resilience	
Carbon solutions Buildings Energy Vehicles Purchases Waste	

Aspects to measure		measurements
Haney test		
Carbon in soil count		
Organic matter percentage		
Water infiltration speed		
Ph		
Mineral make up		
Microbial activity		
Earthworm count		
Nutrient density		